

Rolling Green Nursery

Hummingbird Plants



subject to availability

Hummingbirds like nectar-rich flowers with elongated tubular shapes, adapted to their long beak and tongue. They will hover on fast-beating wings in front of a suspended flower and dip into it with their beak to sip the nectar collected at the base. Hummingbirds prefer flowers in shades of red, but will visit every color flower. They are inquisitive and brave in their endless search for food, and once they have found your Hummingbird Garden, they will return, following a regular feeding route, called 'trajlines'. Plant your Hummingbird Garden with attention to early nectar sources since hummingbirds return to the Seacoast area in late April. They have flown from South America and are hungry! Include a few hanging baskets or window boxes of bright annuals, twiggy shrubs for resting spots, a bird bath or saucer with crossed sticks for perching. Create a long season staggered bloom using the plant list below. Please do NOT use pesticides or herbicides in your Hummingbird Garden!

PERENNIALS

Alcea Hollyhock	6'; various colors; July-Aug; tall cottage garden biennial
Agastache Anise Hyssop	3'; blue; July; hardy herb; bees love it too; sun
Aquilegia Columbine	1'; red, yellow, blue, pink, white; May; woodland native; self-seeds; shade
Delphinium	3'; pink, purple, blue, white; June; gorgeous flower spikes; sun
Digitalis Foxglove	4'; pink, yellow; June - July; Victorian favorite; sun
Hemerocallis Daylily	2'; various colors; June - Sept; many varieties; handsome foliage; sun
Heuchera Coral Bells	1'; red; June; good hosta companion; shade
Lobelia Cardinal Flower	4'; red; June - July; striking native for damp soil; shade
Lupine	3'; various colors; June; will self seed; native beauty; sun
Monarda Beebalm	2 - 4'; red, pink, purple; June - Sept; cut back for rebloom; spreads; sun
Penstemon Beardtongue	2'; red, pink, blue; July; free flowering & upright; sun
Phlox Garden Phlox	2 - 3'; various colors; June -Aug; hardy old-fashioned perennial; sun
Salvia	2'; white, purple-blue; June - Sept; drought tolerant; deadhead to rebloom; sun

ANNUALS

Callebrachoa Million Bells	6"; various colors; May - Oct; delightful mini-petunia for pots, window boxes; sun
Canna Lily	6'; red, orange; July - Sept; tropical-looking annual for beds & pots; sun
Fuschia	6"-1'; red, pink, white; May - Sept; excellent in hanging baskets; shade
Gladiolas	4'; various colors; Aug; plant bulbs in spring, dig up in fall, hang in onion bags in cellar for winter; sun
Impatiens	6"; various colors; May-Sept.; everyone's favorite for beds & borders; sun & shade
Lantana	1'; orange, pink; May - Sept; bright, wonderful in hanging baskets & containers; sun
Nicotiana Flowering Tobacco	2'; red, pink; June - Sept; fragrant; drought tolerant; sun or shade
Penstemon Beardtongue	2'; purple, pink, red; June - Sept; annual variety blooms longer; sun
Petunia	6' - 4'; various colors; June - Oct; many varieties; sun

HERBS

Nasturtium	6"; red, orange; June - Sept; climbing variety is ideal on trellises; sun
Slavia Pineapple Sage	3'; red; June - Sept; dry soil adaptable; deadhead for repeat bloom; sun

TREES • SHRUBS

Althea Rose of Sharon	10'; pink, purple, blue, white; Aug - Sept; shrub or tree form; drought tolerant; sun
Azalea	1- 8'; red, pink, white; May or July; evergreen azaleas need winter protection; deciduous natives taller & hardier; shade
Buddlea Butterfly Bush	6'; pinks, purples, white; July - Oct; cut back in spring; sun
Syringa Lilac	3 -12'; pinks, purples, whites, variegated; April -June; early nectar source; hardy & fragrant; sun
Weigela	5'; pinks; June; colorful foliage; drought tolerant; sun

VINES

Campsis Trumpet Creeper	20'; yellow, orange; July - Aug; hardy twining vine; blooms at 3 - 5 yrs; sun
Ipomea Morning Glory	10'; purple, blue; May - Oct; old fashioned annual vine; sun
Ipomea Cardinal Climber	10'; red; June - Sept; delicate lacy foliage; bright flowers; sun
Lonicera Honeysuckle	20'; yellow, pink; June - Sept; hardy; fragrant native vine; sun
Phaseolus Scarlet Runner Bean	10'; red; June - Aug; plant this annual vine from seed; sun

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Butterfly Plants



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Butterflies like flat-topped 'landing pad' flowers, such as *Echinacea Coneflower*. They also like clustered flowers such as *Asclepias butterfly weed*, where they can sit and sip repeatedly. Butterflies are not particular about flower color or scent, and will happily flit from flower to flower, sipping nectar as they go. Butterflies like to have a water source available too; a saucer of water with a flat rock in it will work as a 'puddle' in your garden. Using the lists below, you can design your Butterfly Garden to provide a long season of bloom, including plants to supply the butterflies' need for nectar, shelter, and attractive larval food sources.

PERENNIALS

Achillea Yarrow	3'; various colors; June - Aug; nectar; larval food source; ferny foliage; drought tolerant
Alcea Hollyhock	6'; various colors; July - Aug; nectar; tall cottage-garden biennial
Asclepias Butterfly Weed	1-3'; various colors; June - Aug; nectar; larval food source; tall plant
Aster	1-3'; purple; Aug - Oct; late nectar source; native; bushy habit
Coreopsis Tickseed	2'; yellow, tonal red; June - Sept; nectar; many varieties; long-blooming
Leucanthemum Daisy	2'; white; July - Sept; nectar; classic border plant
Digitalis Foxglove	2-4'; various colors; June; food source; tall, timeless plant
Echinacea Coneflower	3-4'; various colors; July - Sept; nectar; leave seedheads for birds
Echinops Globe Thistle	4'; blue; July - Aug; nectar; standout foliage; drought tolerant
Eupatorium Joe-Pye-Weed	6' pink, white; Aug; nectar; larval food source; native; large in stature
Gallardia Goblin Flower	1'; orange, yellow, peach; June - Sept; nectar; deadhead for repeat bloom
Heliopsis Hardy Sunflower	4'; yellow; Aug; nectar; clump-forming & upright
Lavendula Lavender	2'; purple; July; nectar; delightful scent; cut stems for drying
Lupine	2-3'; various colors; June; nectar; enchanting spires
Monarda Beebalm	3-4'; red, pink, purple; July - Aug; nectar; cut back for rebloom; spreads
Phlox	1-3' various colors; May - July; nectar; spring or summer bloom; naturalize well
Rudbeckia Black-Eyed Susan	2' yellow; July - Sept; nectar; cheery; dependable perennial
Scabiosa Pincushion Flower	2'; pink, purple; June - Aug; nectar; long-blooming; nice cut flower
Sedum Stonecrop	6"-3'; pink; Aug - Oct; late nectar source; 'Autumn Joy' is great for fall color
Solidago Goldenrod	3'; gold; Sept - Oct; late nectar source; native; handsome in back of border
Valerian	2-4'; pink, red; July; nectar; spreading perennial with airy flowers

ANNUALS

Asclepias Butterfly Weed	2'; various colors; June - Sept; nectar; larval food; long-blooming
Calendula Pot Marigold	1'; yellow; May - Sept; nectar, larval food; charming in borders
Cosmos	3-5'; pink shades, white; June - Sept; nectar; drought-tolerant
Heliotrope	6"; purple; May - Aug; nectar; fragrant
Marigold	6"-2' yellow, white, orange, red; May - Sept; nectar
Heliianthus annuus Sunflower	2-8'; gold; July - Sept; nectar, shelter; leave seeds for birds
Tithonia Mexican Sunflower	4'; yellow; July - Aug; nectar; nice soft foliage
Zinnia	6"-4'; various colors; June - Sept; nectar; many varieties

HERBS

Dill	2-5'; yellow; late spring; larval food source; culinary herb; self-seeds
Fennel	4'; yellow; larval food source; culinary herb; striking foliage texture
Mint	2'; purple, white; larval food source; culinary herb; will spread!
Parsley	6"-1'; white; larval food source; culinary herb; biennial
Nasturtium	6"; red, orange; June - Sept; nectar; edible flowers; climbing variety is ideal on trellises; sun

TREES • SHRUBS

Betula Birch	40'; shelter; food; cocoons; graceful tree; white bark
Fruit Trees	8-20'; various colors; April - May; early nectar; shelter; ornamental or orchard use
Salix Willow	4-40'; food shelter; tree or shrub great for wet areas
Tilia Linden	40'; cream; July; nectar; shelter; broad shade tree
Buddlea Butterfly Bush	5'; pinks, purples, white; July - Oct; cut back in spring
Caryopteris False Spirea	2-3'; blue; Aug; nectar; handsome blue-green foliage
Clethra Summersweet	3-6' white, pink; Aug; nectar; hardy native; fragrant
Spirea	3-8'; various colors; various bloomtime; nectar; spring - summer blooming
Syringa Lilac	3-12'; pinks, purples, whites, variegated; April - June; early nectar source; hardy & fragrant; sun